



BAYVIEW
SECONDARY COLLEGE
Connect. Inspire. Achieve.

BAYVIEW SECONDARY COLLEGE
**COURSE SELECTION
HANDBOOK 2020**



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2020 COURSE GUIDE

This Course Guide provides Year 8, 9 and 10 students with the information needed to select their option subjects for 2020. Students will find a range of possibilities that will give them engaging and challenging learning experiences.

Students are encouraged to think about their future pathways and to choose subjects that have links to their future study options and personal interests.

COMPULSORY SUBJECTS

In 2020, at Bayview Secondary College all Year 8, 9 and 10 students will undertake studies in the following areas:

- English/Literacy
- Health & Physical Education
- History
- Mathematics/Numeracy
- Science
- My Education

OPTION SUBJECTS

Year 8, 9 and 10 students will be offered the opportunity to study **THREE** option subjects of their choice. All courses will be offered as half yearly subjects.

Unless otherwise stated as grade specific, most subjects will consist of a mix of Year 8, 9 and 10 students.



Students should consider the following points when choosing subjects:

- Pursue individual interests
- Choose subjects that will broaden their learning experiences
- Keep in mind pathways to Year 11/12, TAFE or the career path they wish to take
- Seek advice from parents, older students and teachers

All students are asked to indicate **SIX** subject preferences in order of most important (1) to least important (6).

Please note:

1. Students will be assigned their number one selection first, then number two etc.

It is important to prioritise subject selections in the correct order.

Note: whilst most students will receive most of their course selections, all choices will be considered as viable options and will be used when necessary.

2. It is necessary to understand that lower preference choices will be allocated if a subject is unavailable. This may because:
 - The course did not run because of insufficient numbers
 - The course clashed with another of the choices you made
 - The course was full (all courses have maximum students numbers set)
3. Priority is given to Year 10 students (in most cases).

ONLINE COURSE SELECTION PROCESS

PROCESS

Students will need to select their top 3 preferences for each line



Use the Web Preferences Access Guide
(Supplied to students Term 4)



Enter options in order of preference
Number 1 will be the subject the student
wants to do most



Print the receipt from the website



Parent/Carer/Guardian to sign receipt
Hand the signed receipt to the office

**The course selection has not been completed until
the receipt has been received at the office*

2020 OPTIONS SUBJECTS



THE ARTS

- Dance
- Drama
- Music Guitar
- Music General
- Performance Ensemble
- Photography
- Visual Art 2D
- Visual Art 3D

TECHNOLOGIES

- Café Skills and Trends
- Health and Beauty
- Lifestyle Cooking
- MDT Fabrication
- MDT Entrepreneur Skills
- Media Arts
- STEAM
- Sustainable Living

ENGLISH, HUMANITIES & SOCIAL SCIENCES

- Books and Movies
- Human Science

LANGUAGES

- Japanese and Japanese Cultural Studies

HEALTH & PHYSICAL EDUCATION

- Athlete Development Program – AFL (Boys and Girls)
- Girls Health and Fitness
- Outdoor Education
- Physical Recreation
- Personal Health & Fitness

ONLINE LEARNING COURSES

- English – Creative Writing
- Languages – Chinese, French, Indonesian
- Maths – Maths Methods 3

THE ARTS

DANCE

ABOUT THIS COURSE

This subject involves many aspects of Dance including technique (learning HOW to do moves and different styles), choreography (learning how to CREATE dance) and performance (PUBLIC display and sharing).

It is assessed on the Australian Curriculum for The Arts – Dance.

Dance focuses on individuals learning about different styles such as hip hop, jazz, contemporary, commercial and ballet. The Dance moves and routines are taught slowly with different levels to suit a range of abilities (Beginners to Advanced). There is also a big focus on safe dance practice which means that you learn how your body moves and how to train for Dance specific skills in strength, flexibility, balance and co-ordination.

There is a strong focus on student devised choreography where you will be guided through processes that allow for individual expression through movement. This is often done in groups and team work and communication, respect, and resilience are all key skills in Dance. There will also be opportunities to work with leading dance professionals which is always exciting and a great way to really improve.

Skills and mental processes to cope with nerves and self-reflection are a big part of the Dance subject. Performance is a key aspect of the subject which is done in many ways from sharing with classroom peers, other class groups, Primary Schools, and showcase events. In the past these have included Inter

School Productions, School Plays, Community Events, and Dance Videos.

ASSESSMENT

- Group Performance
- Individual Performance
- Reflective Journal

TEACHER

Ms Tulia Chung-Tilley

DRAMA

ABOUT THIS COURSE

This course is for students wishing to develop self-esteem, confidence, public speaking skills and their sense of creativity. This will be developed through theatre sports, impromptu activities, short films and live performances.

Students will learn about the basics of drama script work, developing a character and stage support. Assessments will be based on a group piece with a chosen theme. Students will also explore screen acting and the making of short film clips.

During terms one and two students will have the opportunity to create their own television show. This would be a great learning opportunity for anyone who wishes to work in the film industry as students will be able to direct as well as act in short sketches.

ASSESSMENT

- Group performance
- Individual performance
- Script writing for film
- Improvisation
- Australian Curriculum for Arts – Drama

TEACHER

Miss Abbi Duggan

MUSIC - GUITAR

ABOUT THIS COURSE

This course is designed for students who are serious about playing the guitar. The course is open to students currently in grade 8 or 9 who have already chosen guitar as their main instrument and are keen to learn more. Each student will follow a customised program tailored to fit their own ability level and interests. Those choosing this course are strongly encouraged to have their own instrument to practise at home.

All students will undertake technical studies which focus on the development of effective playing technique. Also students will be required to demonstrate formal understanding of theory applicable to the guitar such as chord/scale knowledge, reading, and rhythmic studies. Students will be able to choose from a range of styles according to their own personal tastes. Opportunities will be given for students to perform in class or at more public events such as school assemblies, festivals and other community forums.

ASSESSMENT

Students will be assessed according to how quickly they progress through their custom designed program, how much material they are able to cover and how much they are able to expand their repertoire. Students who perform will be assessed more favourably

as will those who demonstrate a capacity to play across a range of styles and techniques.

- Australian Curriculum for Arts – Music

TEACHER

Mr Jason Bezzant

MUSIC GENERAL

ABOUT THIS COURSE

This subject is for students who enjoy music and can already play an instrument at a basic to intermediate level. The main focus will be on getting better at playing your chosen instrument. There may be opportunities for students in this class to perform but this is not compulsory. While the main focus is on practical work students must also complete a theory component.

This course has three parts:

Practical: Students will participate in class based solo, group or band activities; however this course is more about personal development. There may be an opportunity to become involved in more creative tasks or record music.

Theoretical: Students complete classroom theory as necessary to achieve their goals. Students cover units of work designed to build their knowledge about music generally. There is written work in this course.

Participation: Students are expected to participate in class activities for assessment.

ASSESSMENT

- Technical skill
- Musical knowledge and theory
- Solo, ensemble or band work
- Performance expectations – at the class level. Students may perform in this course but this is not compulsory.
- Australian Curriculum for Arts – Music

PREREQUISITES

Students wishing to enrol in this course must be achieving at least a 'C' in music in the previous year and are advised to consult with Mr Bezzant beforehand to determine their suitability for the course.

TEACHER

Mr Jason Bezzant

PERFORMANCE ENSEMBLE

ABOUT THIS COURSE

This course is for students who are looking to improve their performance skills when acting, singing and or playing an instrument. Performance ensemble will work in cohesion with the Music department to rehearse and perform musical theatre items, perform at local eisteddfods and school assemblies. Students will also have the opportunity to practise their harmonies when singing and be a part of a school choir. If you are looking to improve your confidence and enjoy working in a group then this is the subject for you!

ASSESSMENT

Assessment opportunities: individual performance skills, group performance, commitment to the rehearsal process.

TEACHER

Miss Abbi Duggan

PHOTOGRAPHY

ABOUT THIS COURSE

In photography students will have the opportunity to:

- Construct and communicate a sense of self through portrait photography
- Utilise new and existing skills capturing images with digital cameras
- Develop aesthetic criteria and apply it to their own work and the work of others
- Experiment with editing techniques using the computer program 'pixlr'
- Experiment with levitation and 'trick' photography

This course is for students wishing to develop their photography skills by experimenting with lighting, angles and focus according to given themes. As well as project work students will also develop their editing skills using various programs and participate in scavenger photography hunts.

ASSESSMENT

- Group tasks
- Individual projects
- Editing skills
- Australian Curriculum for Arts and Technologies

TEACHER

Miss Abbi Duggan



VISUAL ART 2D

ABOUT THIS COURSE

This course is based around students self-expression through Art as well as students exploring a variety of artists and their techniques to enhance their own art making.

Students are expected to extend and further develop the range of techniques learned in previous years and should be willing to explore new possibilities. Students will continue to explore and gain an understanding of the elements and principles of design through discussion and practical tasks, with an aim to produce a body of work for assessment, as well as written component based around their analyses of traditional and contemporary art and artist.

Visual Art – 2D involves the use of drawing, painting, printmaking and collage. Students will be expected to experiment and use a variety of art media and create works around a set theme, such as illustration, fantasy art, street art, etc. Throughout this course, students will experiment with different materials, further developing skills with various mediums, and creating bodies of work around these set themes. Students will also be given the opportunity to produce individual pieces of their own choosing, encouraging students to develop their own personal style.

ASSESSMENT

Visual Art students should maintain a Visual Diary throughout the year, as this will be used for homework and as an important part of their final assessment. Students are also

required to demonstrate appropriate behaviour with the use of materials and with respect to the rights of others to learn.

- Australian Curriculum for Arts – Visual Art

TEACHER

Ms Bronwynne Blazely



VISUAL ART 3D

ABOUT THIS COURSE

This course is based around students self-expression through Art as well as students exploring a variety of artists and their techniques to enhance their own art making.

Students are expected to extend and further develop the range of techniques learned in previous years and should be willing explore new possibilities. Students will continue to explore and gain an understanding of the elements and principles of design through discussion and practical tasks, with an aim to produce a body of work for assessment.

Visual Art – 3D involves the use of media such clay, wax, cardboard, foam, tape and recycled materials to create models and sculptures. Students will be expected to

experiment and use a variety of art media and create 3 dimensional works around a set theme, such as the human head, fantasy figures and abstract art. Throughout this course, students will experiment with different materials, further developing skills with various mediums, and creating bodies of work based on set themes and individual pieces of their own choosing.

Encouraging students to develop their own personal style.

ASSESSMENT

Visual Art students should maintain a Visual Diary throughout the year, as this will be used for homework and as an important part of their final assessment. Students are also required to demonstrate appropriate behaviour with the use of materials and with respect to the rights of others to learn.

- Australian Curriculum for Arts – Visual Art

TEACHER

Ms Bronwynne Blazely

TECHNOLOGIES

CAFE SKILLS & TRENDS

ABOUT THIS COURSE

Café Skills and Trends looks at the process of preparing, cooking, and serving food suitable for café menus. Students also have the opportunity to participate in Barista training.

This course is designed for students interested in developing practical life skills for today and personal skills essential for the world of work. Students will develop general capabilities such as critical and creative thinking, problem solving, team work and time management while participating in health and safety practices, food preparation, barista skills and customer service.

Students will gain skills and knowledge in the following:

- Commercial food preparation and cooking skills
- Food choice and decision making
- Menu planning considerations
- Health and safety in the commercial kitchen
- Using the coffee machine
- Café trends

Class structure will be 2 parts practical, 1 part theory

ASSESSMENT

Students will be assessed against elements of the Australian Curriculum 'Food and Wellbeing' and 'Food and Fibre' content descriptors. Assessment tasks will include:

- Safe food handling practices
- Food preparation and presentation
- Front and back of house operations
- Design challenges

TEACHER

Ms Abi Roberts

HEALTH AND BEAUTY

ABOUT THIS COURSE

This course will allow students to discover aspects of beauty, health, and hygiene, in a creative yet practical environment. Students will explore makeup, skincare, haircare, nails, hygiene, and self-care. Students will learn different self-care techniques, the creative and artistic side of beauty, along with practical skills that may assist students with future career goals. This will include makeup techniques, hair braids, manicures, affordable and DIY skincare, and overall self-care.

Students will be given opportunity to share their skills, practice on their peers, and enjoy working within an encouraging and positive environment. Students will also complete specific tasks that will aim to increase their personal confidence, social skills, and resilience.

This course will link these creative and practical aspects of beauty and self-care into local career pathways and will give the students insight into ways in which they can express their personality and complete hands on projects that develop skills for their futures.

ASSESSMENT

- Assessment can remain flexible to allow for different types of learners to show their understanding.
- Utilisation of salon space and products to produce a physical project on a model.
- Written project based assignments with student chosen topics.
- Ongoing links to the Australian Curriculum.

TEACHER

Miss Isobel King

LIFESTYLE COOKING

ABOUT THIS COURSE

Learn to plan and prepare tasty meals and treats for yourself and others while increasing your knowledge of healthy eating and sustainable food production.

In lifestyle cooking students will develop health and safety, nutrition, ethical and sustainable food choice awareness as they practice practical skills in food preparation and cooking methods. They will have opportunities to work independently and collaboratively to achieve positive outcomes. They will also experiment with ingredients from our kitchen garden and apply design process skills to complete design challenges in a timely way.

Students will gain skills in the following areas:

- Basic food preparation and cooking skills
- Costing and cooking to a budget.
- Health and safety in the kitchen
- Sustainable and ethical food practices
- Nutrition and healthy food choices
- Plant identification

Class structure will be 2 parts practical, 1 part theory

ASSESSMENT

Students will be assessed against elements of the Australian Curriculum 'Food and Wellbeing' and 'Food and Fibre' content descriptors. Assessment tasks will include:

- Safe food handling practices
- Food preparation and presentation
- Personal photo folio of work
- Design challenges
- Assignment work

TEACHER

Ms Abi Roberts

MDT FABRICATION

ABOUT THIS COURSE

With a focus on practical skill acquisition & problem solving, students will negotiate their learning priorities for the year. The concepts of solid construction & goal attainment will provide a common thread for all participants in this course. The explicit teaching of construction principles and processes will guide students' skill development in line with the AC Design & Technologies Curriculum. This is where we use our literacy and numeracy skills matched with imagination and initiative to create products of worth/usefulness. There is a strong emphasis on designing projects that solve problems coupled with a focus on mastering digital research and 3D drawing software.

Learning opportunities/tasks will include:

- Onguard Safety certification of at least 3 new tools
- The creation of a stand with a draw in it
- Complete a Portfolio booklet
- Online Knowledge research
- Learn and apply a design process

ASSESSMENT

- Production of items of worth
- Application to practical problem solving
- Planning and recording progress through a design brief.
- Capacity to apply authentic research to create, design and manufacture
- Citizenship and personal management
- Australian Curriculum for Technologies

TEACHER

Mr Pete Goward

MDT ENTREPRENEUR SKILLS

ABOUT THIS COURSE

With a focus on specific skill development, students will develop their knowledge of various materials and their effective manipulation. This rigorous course is highly structured and will comprise many small projects and learning tasks. Plan interpretation, precision and efficiency are the through lines for this course. The explicit teaching of construction will guide students' skill development in line with the AC Design Technologies Curriculum. Simplistic quality will be the benchmark and students will be encouraged to develop their own specializations over the year.

Finishing skills will be encouraged and enforced as they lead to quality. Students will spend time focusing on slipstream manufacturing techniques in order to discover safety conscious efficiencies.

Learning opportunities will include:

- Lazy Susans
- Jewellery Box construction
- Rolling Pins
- Cribbage Boards
- CNC Signage
- Authentic Services that fall under the flagship of Tasmanian Humble Products (Student enterprise initiative)

Specialised artisans and other community linkage opportunities will be actively encouraged with students in this option.



ASSESSMENT

- Practical problem solving & skill development
- Enterprise design and manufacture
- Citizenship and personal management
- Research and presentation skills
- Efficiency of process knowledge
- Australian Curriculum for Technologies

TEACHER

Mr Pete Goward

MEDIA ARTS

ABOUT THIS COURSE

Media Arts enables students to explore, understand and express the world around them through various forms of digital and traditional media. It is an exciting, always growing and important industry – that has clear pathways into future education and employment; along with skills that can be transferred and utilised in many modern careers and workplaces.

There will be many opportunities for students to explore Print Media, Radio, Photography and other Media Arts. However, this course will have an emphasis on Media through Film. Engaging students with the production process; while giving them tangible products as an assessable outcome.

During this course, students learn to be critically aware of ways that the media influences their communities – locally, nationally and globally and the impact their own products can have on such communities in a creative, fun and safe environment.

ASSESSMENT

- Major film assessment
- Product Design
- Print Advertising
- Vox pop / radio recording
- Media Review and analysis
- Australian Curriculum Arts – Media Arts

TEACHER

Mr Brenton Mathey

STEAM

ABOUT THIS COURSE

This course is designed to provide students with the opportunity to solve problems through a user centred design process and to engage with a range of design focused STEAM challenges.

During first and second term students will have the opportunity to work with a team of professionals from LiveTiles, technology start-up company based in Hobart. Through this partnership students will have the opportunity to create digital solutions to a range of problems. Students will also have the opportunity to engage with LEGO Mindstorm robots and the Grok Education program as platforms to introduce computer coding.

Students will also participate in the Science and Engineering Challenge and National Science Week. The Science and Engineering Challenge is a nationwide science, technology, engineering and mathematics (STEM) outreach program aimed at developing student engagement and interested in science and engineering. Students will compete against other schools in a range of design challenges. During National Science Week students will coordinate and host a science expo for local primary schools and community groups.

ASSESSMENT

Students will be provided with opportunities to present their findings using a range of digital products. Possible examples include developing web pages, apps, computer programs and digitally designed products (e.g 3D printed products).

- Australian Curriculum for Science and Technologies

TEACHER

Mr Jeremy Matcham

SUSTAINABLE LIVING

ABOUT THIS COURSE

Sustainability is all about balance – in this course, students will learn more about how we can live in a healthy relationship with the natural world. They will learn about ways to solve big problems (like global warming) through local solutions, designing projects that create positive change at school and within the wider community. Students will also learn how to study and care for the local environment, how to grow healthy food, how to raise and look after animals and how to make useful objects by hand using natural or recycled materials.

This course will involve both group and individual learning. As a whole group, students will learn more about sustainability issues across Tasmania and the rest of the world, and they will work together to expand the school's garden into something unique. Students will also be given the opportunity to design and develop their own personal projects based on the ideas and topics which interest them most. Ultimately, this course will introduce students to potential career pathways in fields such as agriculture, horticulture, sustainable design, environmental science, urban planning, green energy, social enterprise, permaculture, ecology, conservation and land management.

ASSESSMENT

- Research project
- Practical problem solving & skill development
- Class participation and discussion
- Analysis and design of managed environments
- Individual projects
- Design challenges

TEACHER

Mr Alex Last

ENGLISH, HUMANITIES & SOCIAL SCIENCES



BOOKS AND MOVIES

ABOUT THIS COURSE

Is the book always better than the movie? Do you enjoy reading novels and then comparing it with its movie companion? Do you consider yourself a budding movie reviewer? This could be the course for you. Books and Movies will be an English Extension line that is offered that will be purely focusing on studying novels and movies in detail. We will examine plot, character, literary devices and cinematic techniques in detail by comparing and contrasting the novel with its movie.

Students will have an opportunity to study from a large list of novels including:

- Harry Potter
- The Hobbit
- The Princess Bride
- Jurassic Park
- The BFG
- Maze Runner
- The Giver
- Holes
- The Polar Express
- The Great Gatsby
- Coraline
- Matilda
- The Jungle Book
- How the Grinch Stole Christmas

Throughout the duration of the course, students will participate in whole class novels and movies, as well as independent and group choices. The course will be split into the following four units of work;

- Picture Books as Movies
- The Movie Did it Better (books that are improved by their movie counterpart)
- The Classics
- Independent Choice



ASSESSMENT

- Comparative Essays
- Analytical Essays
- Class Blog
- Audio-visual Presentations
- PowerPoint Presentation
- In class discussions
- Posters

TEACHER

TBC

HUMAN SCIENCE

ABOUT THIS COURSE

This course is ideally suited to more academically minded students wishing to improve their study skills and learn more about how human beings think, behave and interact with each other. This course will also be good for students who wish to study Humanities or Human Science subjects at college.

Students will investigate the human sciences incorporating aspects of psychology (the study of the mind and behaviour), sociology (the study of people in groups) and philosophy (thinking and reasoning).

ASSESSMENT

Students will be required to study written and audio visual materials and will be assessed in three main ways:

- Written assignments and/or presentation
- Class participation and organisation
- Formal examination
- Australian Curriculum for Humanities and Social Sciences (HASS)

Students will be able to reach higher assessments in the areas of English, SOSE and Science through their participation in this course.

PREREQUISITES

Students wishing to enrol in this course must be achieving at least a 'C' or above in English or Maths/ Science in the previous year and are advised to consult with Mr Bezzant beforehand to determine their suitability for the course.

TEACHER

Mr Jason Bezzant

LANGUAGES

JAPANESE AND JAPANESE CULTURAL STUDIES

ABOUT THIS COURSE

With a focus on practical use of the language and cultural customs, students will develop understanding and appreciation of life and language in Japan and how it differs from their own. Through a structured balance of direct language learning and a range of hands on projects, students can explore the world of Japan, its language, ancient and modern culture.

Learning any language can assist in developing students processing skills and has been shown to improve both attention and concentration in learners over time. This course will challenge students' perception of language and of the world surrounding them, allowing them to grow their cultural understanding and sense of global community. It will also develop student's perseverance and resilience when completing tasks that may seem foreign to them.

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The cultural aspects to the course will allow students to delve into their own interests, and use their strengths from other subject areas to present their work in creative ways.

ASSESSMENT

- Written assessment of language supports learning for more logical students
- Spoken assessment helps to grow confidence and use of verbal queues.
- Students will have the chance to combine skills from other disciplines including art, tourism, and ICT to produce work of interest to them, in a format that excites them.
- Ongoing links to the Australian Curriculum.

TEACHER

Miss Isobel King

HEALTH & PHYSICAL EDUCATION

ATHLETE DEVELOPMENT PROGRAM – AFL (BOYS AND GIRLS)

ABOUT THIS COURSE

The course is for both male and female students and requires high levels of motivation and a full commitment to a personalised training and competition program related to AFL. As well as developing club and regional level athletes, the course adequately prepares those learners who enter with high level attributes, potential and aspirations for professional or elite pathway options. Student applying for this course must be playing club football or planning on playing club football in 2020, and have a strong work ethic, aiming to improve themselves and their class mates.

The course will involve physical aspects such as AFL related skills and tactics, fitness testing, strength and conditioning, and well as goal setting, mindset, injury prevention and draft camp preparation.

ASSESSMENT

- Students will be required to make regular entries in their ADP diary to reflect on their current training and goals.
- Students will complete regular reviews on their current training program, and well as end of season reviews.

TEACHER

Mr Tom Robinson

GIRLS HEALTH & FITNESS

ABOUT THIS COURSE

The Girls Health and Fitness option is designed to expose girls to a range of fitness and recreation pursuits, build confidence and improve relationships.

Girls will participate in a range of school-based physical and health related activities using the Bayview Secondary school gym, dance room for yoga and pilates and cooking facilities to create healthy meals in the kitchen. Girls will also have the opportunity to participate in self-defence workshops with Darren Pretty, enjoy indoor rock climbing and aerial yoga.

Throughout the program girls will do project based work and research into healthy lifestyles and career opportunities that exist in the health and fitness industry. There will also be various off site excursions to local beaches and fitness classes.

Students will participate in:

- Various types of Yoga including aerial yoga (in hammocks)
- Self-defence workshops
- Pilates
- Boxing
- Rock climbing
- Walks on local tracks
- Gym sessions including circuit
- Healthy cooking
- Project work
- Guest speakers

ASSESSMENT

- Australian Curriculum for Health and Physical Education

TEACHER

Miss Abbi Duggan

OUTDOOR EDUCATION

ABOUT THIS COURSE

Outdoor Education aims to give students an understanding of the outdoor environment and provide them with new and exciting challenges.

Students will undertake the following activities:

- Team building and team challenge activities
- Bushwalking
- Bike Riding
- Indoor Climbing
- Orienteering
- Kayaking
- Surfing
- Beach Safety
- Swimming & Water Safety Program (Bronze Awards)
- Plan and participate in a camp
- First Aid

This course has practical and theoretical components that are compulsory for all students to complete. Some theory components of this course will need to be completed before students are able to participate in the planned practical activities.



ASSESSMENT

- Formal assessment tasks – Investigative studies, Trip planning tasks, Unit tasks
- Informal assessments – Peer assessments, Self-assessments
- Student Knowledge and understanding
- Observation and student journal
- Australian Curriculum for Health and Physical Education

TEACHER

Mr Ben Bannister

PHYSICAL RECREATION

ABOUT THIS COURSE

Physical Recreation aims to further develop and practice sports skills and knowledge as well as promoting a positive attitude towards physical activity.

Students will:

- Participate in team and individual sports
- Teach peers and organise sports competitions
- Develop sports skills and rule knowledge in a range of sports.
- Develop leadership skills and learn how to be a more effective leader.

The emphasis of this course is to enhance student physical activity. It is expected students will come to class prepared to participate in all aspects of the course.

ASSESSMENT

- Student knowledge, skills and understanding
- Organisation
- Australian Curriculum for Health and Physical Education

TEACHER

Mr Andrew Dilger



PERSONAL HEALTH & FITNESS

ABOUT THIS COURSE

This individualised course is aimed at students at any fitness level students to gain knowledge in physical training and conditioning whilst aiming to develop their personal fitness levels. It is a very practical course based in the schools new Strength and Conditioning room.

Improved physical performance, weight loss, muscle gain, improved concentration levels, increased strength, endurance or power. Whatever your goal this course is for you!

Student will:

- Set personal health and fitness goals and work towards them in a positive and encouraging environment.

- Learn about fitness principles, basic human anatomy and physiology, training principles and theories, movement techniques.
- Work with Health and Fitness professionals.
- Visit a variety of external training facilities.

Whether you never exercise and want to start or are an advanced athlete, this course will allow you to set realistic yet challenging goals and learn numerous techniques to achieve them in a fun atmosphere. Use the schools state of the art Strength and Conditioning room and learn about various training techniques such as:

- Circuit training
- Steady state endurance training
- Cross fit
- Interval training
- Strength training

ASSESSMENT

- Personal goals and achievement
- Training session planning
- Peer assessment
- Self assessment
- Australian Curriculum for Health and Physical Education

TEACHER

Mr Tom Robinson

ONLINE LEARNING COURSES

ENGLISH – CREATIVE WRITING

ABOUT THIS COURSE

This course will offer enrichment for students who have demonstrated a passion for writing.

Creative Writing offers students an opportunity to explore the depth of their own creative ability whilst making meaning through composing their own texts. The emphasis is on exploring the art of writing whilst improving their understanding of language conventions. Students will have the opportunity to create a variety of poetry, prose, narrative and other text types in response to various stimuli including media, images and text. There is also participation in group online discussions about various writing issues.

LANGUAGES – CHINESE, FRENCH, INDONESIAN

ABOUT THIS COURSE

Language courses will offer enrichment for students who have demonstrated an interest in languages other than English. These courses provide learning experiences for both beginners and those who have some language experience in the past. They follow a second language learner pathway. They are courses that promote language and culture as an exciting area of learning that is a relevant part of multicultural Australia.

MATHS – MATHS METHODS 3

ABOUT THIS COURSE

In this course students will learn to apply reasoning skills and solve problems involving algebra, functions and graphs, exponential functions, circular functions, differential calculus and probability. Students will learn to use mathematical and statistical language to communicate arguments and strategies when solving mathematical problems and to choose and use CAS and other technology appropriately.

CAREER PLANNING & PATHWAYS

If you require more information about subject choices or help with career pathway planning we strongly encourage you to speak with the following staff members:

YEAR 11/12 PATHWAYS

**Mr Adrian Eberle –
Year 11/12 Coordinator**

adrian.eberle@education.tas.gov.au

COURSE SELECTION (YEAR 7, 8, 9 AND 10)

**Ben Bannister – Assistant
Principal**

benjamin.bannister@education.tas.gov.au

USEFUL WEBSITES FOR INFORMATION ON CAREER AND EDUCATION PATHWAYS

<http://career.edu.au> – An Australian Government initiative designed for parents and career practitioners to access career development learning opportunities.

<http://jobguide.dest.gov.au> – Describes over 500 occupations, and their education and training pathways, as well as career planning and job seeking information.

<http://myfuture.edu.au> – Online career exploration and information service useful for all students and parents.

<http://meonline.kuder.com.au> – My Education supports all school students and adults by focusing on career and life planning which is a shared partnership between the student, adult, parents and carers, the school, and the community.

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